### Core Knowledge

- Point to and name the following body parts: ankle, arm, back, body, chest, cheek, chin, ear, elbow, eye, eyebrow, eyelash, face, finger, foot, forehead, hair, hand, heel, hip, knee, leg, lips, mouth, nail, neck, nose, shoulder, teeth, toe, tongue, waist, wrist.
- Body parts help us move (e.g., our elbow helps us bend our arms, our knees help us jump, etc.)
- The heart and lungs are parts hidden inside the body.
- The body can sometimes heal itself when it is hurt or sick.

# All About Me



#### Domain Themes

I Am Special
Multicultural
Body Parts
My Five Senses
We Use Our Senses to Learn
I Am Growing and Changing
Three Basic Needs
My Amazing Body

## Home Learning

Create a height chart at home for all your family. Measure each other and every few months measure each other again. Has anyone stayed the same height? Has anyone grown taller?

Tell your friends and family how special and unique they are.

### Key Vocabulary

-humans -infants -mood -prefer
-unique- between -exactly -shades
-cultural -countries -origin
-beneath -inside -joints -muscle
-planted -softly -aware -often
-only -senses -sometimes -alive
-glide -shiny -touch-already
-clutch -grow -siblings- brain
-huddle -protect -shelter -survive
-temperature -amazing -bathe
-germs -quietly.

## Core Knowledge

- People stay healthy by exercising, resting, eating good foods, and staying clean.
- The five senses are sight, hearing, smell, taste, touch.
- · All people are human beings.
- The outside of the human body is covered by skin.
- The heart and lungs are parts hidden inside the body.
- Human beings begin life as babies, then grow to be children, then adults.
- Human beings' three basic needs: water, food, and shelter.